## Flu & COVID Vaccine Clinic

News Release Date 01-30-2024

The Mount Olive Health Department will be offering Free Flu & COVID Vaccines on Thursday February 1st, 2024 from 4:30PM to 6:00PM at the Mount Olive Library. No registration or insurance required.



- Regular Dose Flu vaccine offered for ages 4 and up
- 2'023–2024 COVID–19 vaccine offered for ages 5 and up
- No registration or insurance required for both vaccines

<u>Location:</u> Mount Olive Library 202 Flanders-Drakestown Road Budd Lake

## February 1, 2024

4:30-6:00 PM

## Did You Know?

The single best way to reduce the risk of seasonal flu and its potentially serious complications is to get vaccinated each year, but good health habits like avoiding people who are sick, covering your cough, and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like flu

PUBLIC HEALTH OUTREACH COORDINATORS: SAMANTHA TANZOLA 973-479-0925 JOANNA GAZABON (Spanish-Speaking)



- No es necesario registrarse
- Disponible para mayores de 4 anos (vacuna de gripe) y 5 anos (vacuna de COVID-19)

Costo:

**GRATIS** 

Ubicacion:
Mount Olive Library
202 FlandersDrakestown Road
Budd Lake

February 1, 2024

4:30-6:00 PM

## Sabias?

La mejor manera de reducir el riesgo de contraer la gripe estacional y sus complicaciones potencialmente graves es vacunarse cada año, pero los buenos hábitos de salud como evitar a las personas que están enfermas, cubrirse la tos y lavarse las manos a menudo puede ayudar a detener la propagación de gérmenes y prevenir enfermedades respiratorias como la gripe.



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