

# What is it that we do? Get to know Health Education & Public Health

**Health Education** has been defined as "any combination of learning experiences designed to help individuals and communities improve their health, by increasing their knowledge or influencing their attitudes." (WHO). The Health Department hosts a variety of health education programs for the community. Programs such as Alcohol Abuse Control, Drug Abuse Control, Smoking Prevention and Cessation, Nutrition, Injury Control, HIV/AIDS Education, Chronic Disease Management are oftentimes coordinated in collaboration with other agencies servicing the community. Our goal is to help individuals of all ages increase life expectancy and improve their quality of life. Our Health Educator can create a custom health program to fit your needs.

## ->What is Public Health?-



## RSV

RSV- <https://www.cdc.gov/rsv/index.html> RSV in Children PDF-

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## Suicide Prevention Lifeline

## Website

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# What is Social Determinants of Health

## Social Determinants of Health

Social determinants of health (SDOH) are the **non-medical factors** that influence health outcomes. **They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems...**

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## 10 Essential Services-

## THE 10 ESSENTIAL PUBLIC HEALTH SERVICES

To protect and promote the health of all people in all communities

The 10 Essential Public Health Services provide a framework for public health to protect and promote the health of all people in all communities. To achieve optimal health for all, the Essential Public Health Services actively promote policies, systems, and services that enable good health and seek to remove obstacles and systemic and structural barriers, such as poverty, racism, gender discrimination, and other forms of oppression, that have resulted in health inequalities. Everyone should have a fair and just opportunity to achieve good health and well-being.



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